

SUMMER 2022 NEWSLETTER

Welcome to our Summer 2022 Newsletter. Over the past few months, the club has achieved many things both as teams and individually. After a 3 year break due to Covid-19, our Display team finally returned to GymFest and gave a dazzling performance in Aberdeen. Our Recreational Gymnasts have been learning and having fun, with many achieving their RISE awards in June. Acro have been working hard towards competing at the Beginners and NDP Tournament in September and the Scottish FIG Championships in October. The dedication of the Tumble squad is reflected in their scores, particularly with their performances at the Scottish National Tumbling Championships in June. Emily and Charlotte represented Kingston at the National Age Group Finals, with Charlotte qualifying to compete at the British Tumble Championships in October. Charlotte has also qualified for the Loule Cup in Portugal in October. Meanwhile, Juliet qualified to represent Scotland at the Regional Team Finals in September. Congratulations to all the gymnasts and keep up the good work!

SUMMER CAMP

Summer Camps were a huge success, with new and familiar faces coming along over the seven weeks. We played lots of high energy games and worked on basic gymnastics skills. The coaches, as always, did fantastically and we hope everyone had fun – even through the 32-degree heatwave that hit Glasgow mid-July!



NEW CLASSES

Alongside the return of our usual gym timetable, we are excited to announce the beginning of new Sunday classes. These will be Pre-school classes 9.30-10.15am and Recreational classes 10.30-11.30am and 11.45am-12.45pm. We hope that these will prove as popular as our other sessions, and lead to increased membership within the club, as we are always keen to get more kids involved.

EQUIPMENT UPGRADE

The Tumble track has been upgraded, with a new raised platform, new carpet and new Rezi-mat. These upgrades will improve the standard of training. Thank you to Brett for all of your hard work on this project.

NEW ADDITIONS

Head Coach Sophie has had her baby! Angus was born on 6/8/22 weighing 10lbs 8oz and both he and his mother are healthy. Congratulations

COMMUNITY

On Sunday 24 July, coaches Kara and Jaxon headed to Elder Park with some of our gymnasts in tow. Hosted by Friends of Elder Park, 'Communi-T in the Park' aimed to unite the community through music. After a rainy start, people came out from Govan and beyond to have a boogie and a bite to eat. The event was a great success and provided the club with an opportunity to promote our classes and summer camps, alongside becoming more familiar with neighbouring organisations.



to the whole family on the new arrival.

We have also welcomed new coaches Emma (Level 1 Development Tumble), Jaxon (Level 1 Acro) and Jennifer (Level 1 Acro). Eilidh achieved her Level 1 Tumble and Fraser achieved his Level 3 Tumble. Well done to all the coaches.

FUNDRAISING

Kingston Gymnastics Club is a non-profit organisation and therefore relies on funding and donations to continue growing and evolving. Our focus over the next few months is to raise enough funds for a fast track and therefore improve the standard of training for all our gymnasts. Accordingly, we will be hosting various exciting fundraising events over the next few months and hope everyone can get involved.

You can also help us at any time at no extra cost to yourself by adding Easy Fundraising to your browser and using Amazon Smile when you buy from Amazon.

We are taking part in ASDA's Green Token Giving (Govan Store) to raise money for new mats for the club. You can vote for us once a week every week online or using coupons when you shop in store until the end of September.

Links:

Amazon Smile

<https://smile.amazon.co.uk/ch/SC048486>

Easy Fundraising

<https://www.easyfundraising.org.uk/>

ASDA Green Token Giving

<https://www.asda.com/green-tokens/store?store=4661>

DATES FOR THE DIARY:

AWARDS NIGHT	10 September 2022
Fun Day	8 October 2022
Halloween Party	29 October 2022

AWARDS NIGHT

The Club's Annual Awards Night will be held on Saturday 10 September at 7.30pm, at the Tradeston Ex-Servicemen's Club, 6 Beech Avenue, Bellahouston.

This night is a fantastic opportunity for all gymnasts to get together and celebrate their achievements throughout the year. While all competitive gymnasts are expected to attend, it is a great night for all our gymnasts and parents with games, music and prizes. Invite your friends and family, as an award for one gymnast from each of our recreational classes will be announced on the night! Could it be your gymnast?

Tickets are £3 per child and £5 per adult. Please contact info@kingstongymnastics.org to buy your tickets.

We are contacting local businesses for possible raffle prizes but would appreciate if parents could donate any raffle prizes of their own and bring these into the gym. Thank you!

