



CHRISTMAS NEWSLETTER



CHRISTMAS DISPLAY

Thank you to everyone who made the Christmas Display as spectacular as it was!

To our amazing gymnasts, well done for performing so well even with the pressure of a huge audience.

Thank you to our coaches, trustees and volunteers who work so hard throughout the year, and pulled it out the bag on the day.

And thank you to all family and friends who came out to cheer on the gymnasts and the club. We are so grateful to be surrounded by such a lovely community.



GOODBYE 2022, HELLO 2023

Welcome to our last newsletter of the year. It has been another great one, with all our gymnasts achieving amazing things.

Some 2022 highlights include Charlotte competing at Loulé, Muireann, Ellen and Gaby competing at the British Acrobatic Championships, and Display performing at two GymFests.

Our Recreational gymnasts have worked towards their British Gymnastics RISE awards and will begin their next level in January. Meanwhile our Toddlers and Pre-Schoolers continue to learn and grow.

We are so proud of everyone and can't wait to see what the new year will bring!



NEW RECREATIONAL TUMBLE CLASSES

In the New Year we will be starting Recreational Tumble classes on **Thursdays 5:00-6:00PM & 6:00-7:00PM.**

The spaces for these classes are extremely limited so if you want your gymnast to take part please sign up as soon as possible.



COMPETITIONS



ACRO

Our Development Acro and FIG partnerships performed brilliantly at the Harry Miller competition at Avondale Gymnastics, coming away with a total of 10 medals.

A week later some of the gymnasts had the Jumblies, with Robbie and Ruby placing first in their category.

TUMBLE

The Development Tumble squad were fantastic at the Club Grade competition at Lunar Gymnastics Club, achieving 11 medals.

Advanced Tumble headed down to the Durham Open, with many competing new grades or higher difficulty. A great experience for everyone and 8 medals taken away.

Well done to all gymnasts for your determination and dedication!



TEAM FEATURE

Q&A WITH SAFEGUARDING OFFICER
JACKIE CAREY

What is the Safeguarding Officer's role?

I am responsible for safeguarding and the wellbeing of the club's members. This includes ensuring all individuals working with the children and young people are fully aware of and adhere to safe practice and guidelines. I am the first point of contact for parents, coaches and gymnasts on any worries and/or issues in relation to the protection and wellbeing of club members.

How did you find yourself in this role?

I volunteered for the position and if anyone over the age of 21 is interested in finding out more and/or also volunteering for a safeguarding position, please contact the club.

Anything else we should know?

We want our gymnasts and their families to feel comfortable with and confident within the club. Therefore, when things have gone wrong or you are unsure about, we want to address it and make sure it doesn't happen again.

If you have a worry or concern about an issue impacting on a child or young person at Kingston Gymnastics Club, I am contactable via:

Email: jackeline.carey@hotmail.com

Mobile: 07368190335

MERRY CHRISTMAS!

The gym closes at **9:00PM, Friday 23 December** and re-opens on **4 January**.

We wish you all a very Merry Christmas and a Happy New Year! See you all in 2023!